

## Other Information

The IPMHS is co-funded and co-managed by North East Victorian Division of General Practice which is an accredited CPD provider with RACGP.



All courses for General Practitioners are fully accredited with both GP educational colleges: RACGP & ACRRM for CPD points.

Where possible, courses have been adjudicated as Group 1 (or equivalent) activities, depending on course length and content. All courses over 6 hours in duration that are predominately mental health in content have GPMHSC accreditation.

### TRAINING & WORKSHOP PRICING:

All workshops / training package incur a fee, however not for profit community organisations may be considered for a subsidy package. Each application is assessed on its individual merits. Please contact the IPMHS office for further information about pricing details.

## How to contact us:

### Address:

P.O. Box 1225,

Suite 1 / Level 1

76 Ovens Street

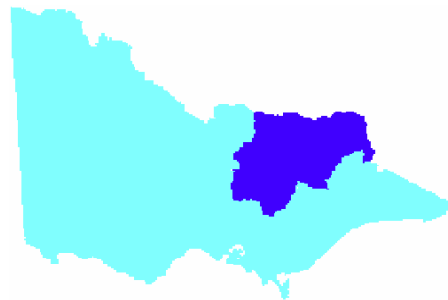
Wangaratta, VIC. 3677

**Phone:** 03 57222677

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⇒ **TRAINING**  
⇒ **WORKSHOPS**  
⇒ **COURSES**

**WHAT IPMHS CAN  
OFFER YOUR  
ORGANISATION**



*Collaborative Approach to  
Primary Mental Health*



## Who are we?

The Integrated Primary Mental Health Service (IPMHS) is a combined initiative of Northeast Health – Wangaratta and North East Victorian Division of General Practice. This initiative has been funded by both State & Commonwealth Government Funding.

The IPMHS aims to support primary care providers in the provision of optimum mental health care to those people experiencing anxiety, grief and depression. We also aim to enhance local service and community capacity to identify and respond to mental health issues appropriately.

### OUR VISION:

*The IPMHS vision is to provide ongoing excellence in the delivery of primary mental health care, and to promote integrated service solutions.*

## What we can offer you?

The Integrated Primary Mental Health Service offers **workshops** in:

- ⇒ Mental Health First Aid
- ⇒ Stress Management
- ⇒ Anger Management
- ⇒ Managing Motherhood

And offers **training** about:

- ⇒ Facilitator Training in conducting Stress Management Workshops
- ⇒ Advanced Suicide Intervention Skills Training
- ⇒ GP Education
- ⇒ Prime Care GP Level 1 Mental Health Training



## Other Services

The Integrated Primary Mental Health Service can provide assessment and counselling for

- ⇒ Depression
- ⇒ Stress / anxiety management
- ⇒ Grief & Loss
- ⇒ Adjustment & general life problems
- ⇒ Sleep difficulties
- ⇒ Distressing thoughts or feelings

This IPMHS provides early intervention, support, counselling and self management assistance.

Mental health clinicians visit most towns in North East Victoria on a fortnightly basis. They are co-located in most General Practices. Access to the mental health worker is through referral from the person's GP.

There is no charge for the counselling service provided. Some GP practices may charge a booking fee.