

# ALCOHOL PROJECT - NEHW

- Health promotion activity
- Routine Screening of all patients treated at NEHW
- Commenced in August 2006
- Rolled out to:
  - Day surgery – Nov 2006
  - CCU – Nov 2006
  - Medical/Surgical Units – Jan 2007
  - Emergency Department – Feb 2007

# WHAT DOES ALL THIS MEAN TO THE HEALTH SYSTEM

Alcohol Contributes to Over 3000 Deaths  
per Year, and is Implicated in:

- 7% of all male and 2% of all female deaths
- 50,000 hospitalisations
- 20-40% of acute general and psychiatric hospital presentations
- 18% of all injuries presenting to emergency departments
- 50% of assaults
- 44% of fire injuries
- 34% of falls and drownings
- 30% of car accidents
- 16% of child abuse
- 12% of suicides; and
- 10% of industrial accidents







# Alcohol screen

Age:

How risky is your drinking?

Sex:

Alcohol use can affect your health and interfere with certain medications and treatment. Answer the 10 questions below and then turn over to find out how risky your drinking is. Firstly check out the standard drink chart below.

Light Beer 425ml 2.9% Alcohol	Full Strength Beer 285ml 4.9% Alcohol	Wine 100ml 12% Alcohol	Fortified Wine 60ml 20% Alcohol	Spirits 30ml 40% Alcohol	Full Strength Can or Stubbie 375ml 4.9% Alcohol
					

The guide above contains examples of **one standard drink**.

A full strength can or stubbie contains **one and a half standard drinks**.

## Introduction

Because alcohol use can affect health and interfere with certain medications and treatment, it is important that we ask you some question about your use of alcohol. Your answers will remain confidential, so please be as accurate as possible. Try to answer in terms of 'standard drinks'. Please ask for clarification if required.

### 1. How often do you have a drink containing alcohol?

<b>0</b> Never <i>(go to Qs. 9 &amp; 10)</i>	<b>1</b> Monthly or less	<b>2</b> Two to four times a month	<b>3</b> Two to three times a week	<b>4</b> Four or more times a week	<input type="text"/>
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### 2. How many standard drinks do you have on a typical day when you are drinking?

<b>0</b> One or two	<b>1</b> Three or four	<b>2</b> Five or six	<b>3</b> Seven, eight or nine	<b>4</b> Ten or more	<input type="text"/>
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### 3. How often do you have six or more standard drinks on one occasion?

<b>0</b> Never	<b>1</b> Less than monthly	<b>2</b> Monthly	<b>3</b> Weekly	<b>4</b> Daily or almost daily	<input type="text"/>
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### 4. How often during the last year have you found that you were not able to stop drinking once you had started?

<b>0</b> Never	<b>1</b> Less than monthly	<b>2</b> Monthly	<b>3</b> Weekly	<b>4</b> Daily or almost daily	<input type="text"/>
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### 5. How often during the last year have you failed to do what was normally expected from you because of drinking?

<b>0</b> Never	<b>1</b> Less than monthly	<b>2</b> Monthly	<b>3</b> Weekly	<b>4</b> Daily or almost daily	<input type="text"/>
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### 6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

<b>0</b> Never	<b>1</b> Less than monthly	<b>2</b> Monthly	<b>3</b> Weekly	<b>4</b> Daily or almost daily	<input type="text"/>
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### 7. How often during the last year have you had a feeling of guilt or remorse after drinking?

<b>0</b> Never	<b>1</b> Less than monthly	<b>2</b> Monthly	<b>3</b> Weekly	<b>4</b> Daily or almost daily	<input type="text"/>
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### 8. How often during the year have you been unable to remember what happened the night before because you had been drinking?

<b>0</b> Never	<b>1</b> Less than monthly	<b>2</b> Monthly	<b>3</b> Weekly	<b>4</b> Daily or almost daily	<input type="text"/>
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### 9. Have you or someone else been injured as a result of your drinking?

<b>0</b> No	<b>2</b> Yes but not in the last year	<b>4</b> Yes, during the last year	<input type="text"/>
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### 10. Has a relative, a friend, a doctor or another health worker been concerned about your drinking or suggested you cut down?

<b>0</b> No	<b>2</b> Yes but not in the last year	<b>4</b> Yes, during the last year	<input type="text"/>
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# Overall Audits

Female	16-25	26-35	36-45	46-55	56-65	66-75	76-85	86-95	TOTAL PEOPLE
Low	192	318	386	501	546	634	402	129	3108
medium	58	39	39	35	12	16	9		208
High	19	10	10	9	4	1			53
TOTAL	269	367	435	545	562	651	411	129	3369

Male	16-25	26-35	36-45	46-55	56-65	66-75	76-85	86-95	TOTAL PEOPLE
Low	82	154	249	365	429	558	390	71	2298
Medium	101	65	91	101	87	76	22	1	544
High	44	23	34	38	29	15	5		188
TOTAL	227	242	374	504	545	649	417	72	3030

Male + Female	16-25	26-35	36-45	46-55	56-65	66-75	76-85	86-95	TOTAL PEOPLE
Low	274	472	635	866	975	1192	792	200	5406
Medium	159	104	130	136	99	92	31	1	752
High	63	33	44	47	33	16	5	0	241
TOTAL	496	609	809	1049	1107	1300	828	201	6399

# A & E

Male + Female	16-25	26-35	36-45	46-55	56-65	66-75	76-85	86-95	TOTAL PEOPLE
Low	116	59	149	176	148	181	193	79	1101
Medium	69	51	44	41	24	17	11	0	257
High	39	16	20	63	15	8	4	2	167
TOTAL	224	126	213	280	187	206	208	81	1525

# INNOVATIONS

- I.T. GENERATED AUDIT (ORION)
- I.T. GENERATED REFERRAL TO O & K FOR HIGH RISK DRINKERS
- FUTURE I.T. GENERATED BRIEF INTERVENTIONS