

Review of AUDIT Scores of persons referred to an Aged Psychiatry Community Service.

Aged Psychiatry Service
Northeast Health Wangaratta.
2008

- The Alcohol Use Disorders Identification Test (AUDIT) scores of 103 persons referred to the Aged Psychiatry Service between February and May 2008 were reviewed.
- AUDIT is not administered to people referred from residential high care.

An Audit score over eight indicates risky drinking patterns.

Of 103 people reviewed:

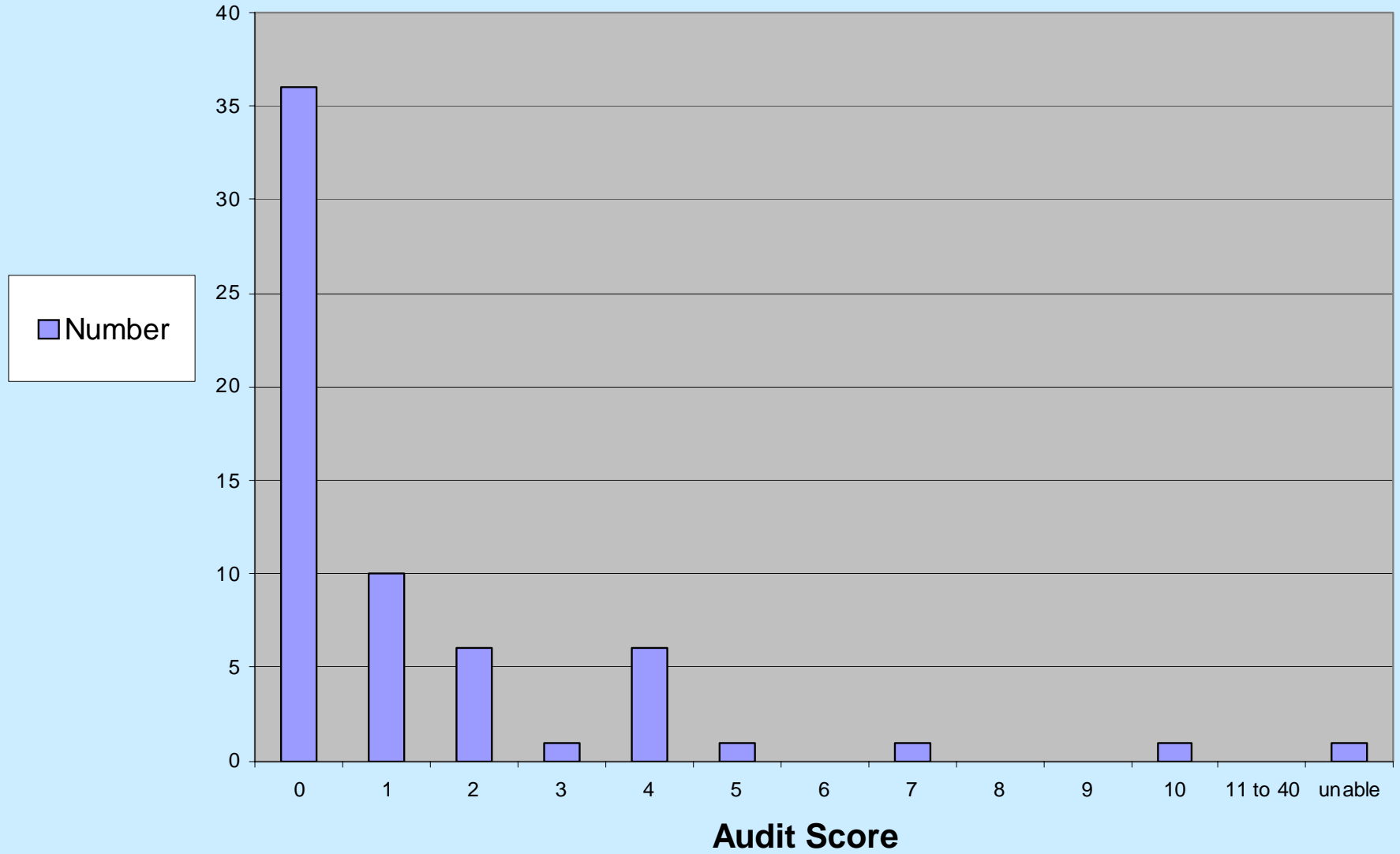
- 3 people (2.9%) scored over 8
- 4 people (3.9%) who were abstainers admitted heavy drinking in the past
- 2 people (1.9%) were unable to complete Audit due to alcohol amnestic syndrome
- Maximum Audit score recorded was 10

(Maximum score on Audit is 40)

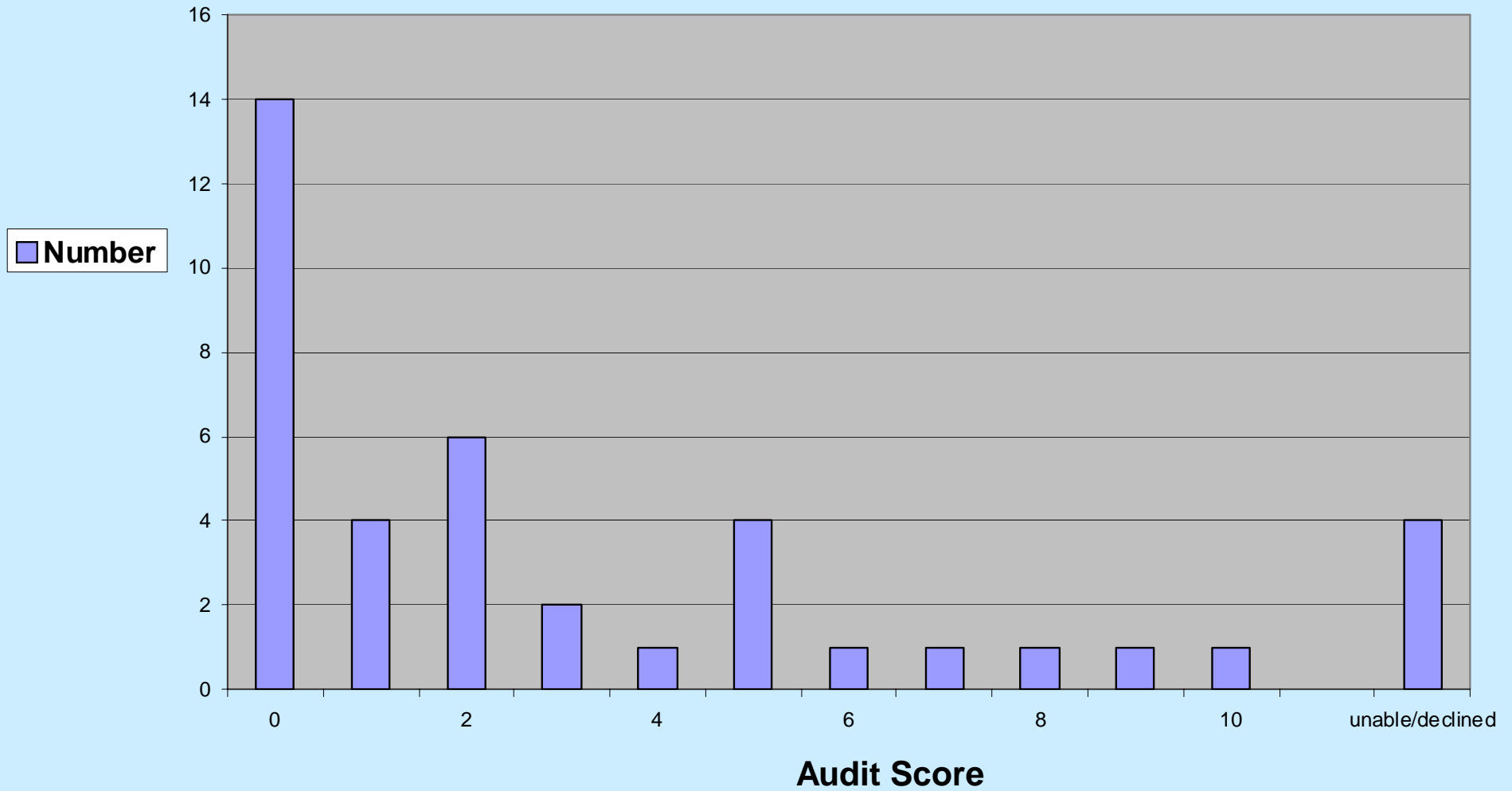
Age Distribution

Age	Male	Female	Total
65-69	6	9	15
70-74	4	11	15
75-79	16	17	33
80+	14	26	40

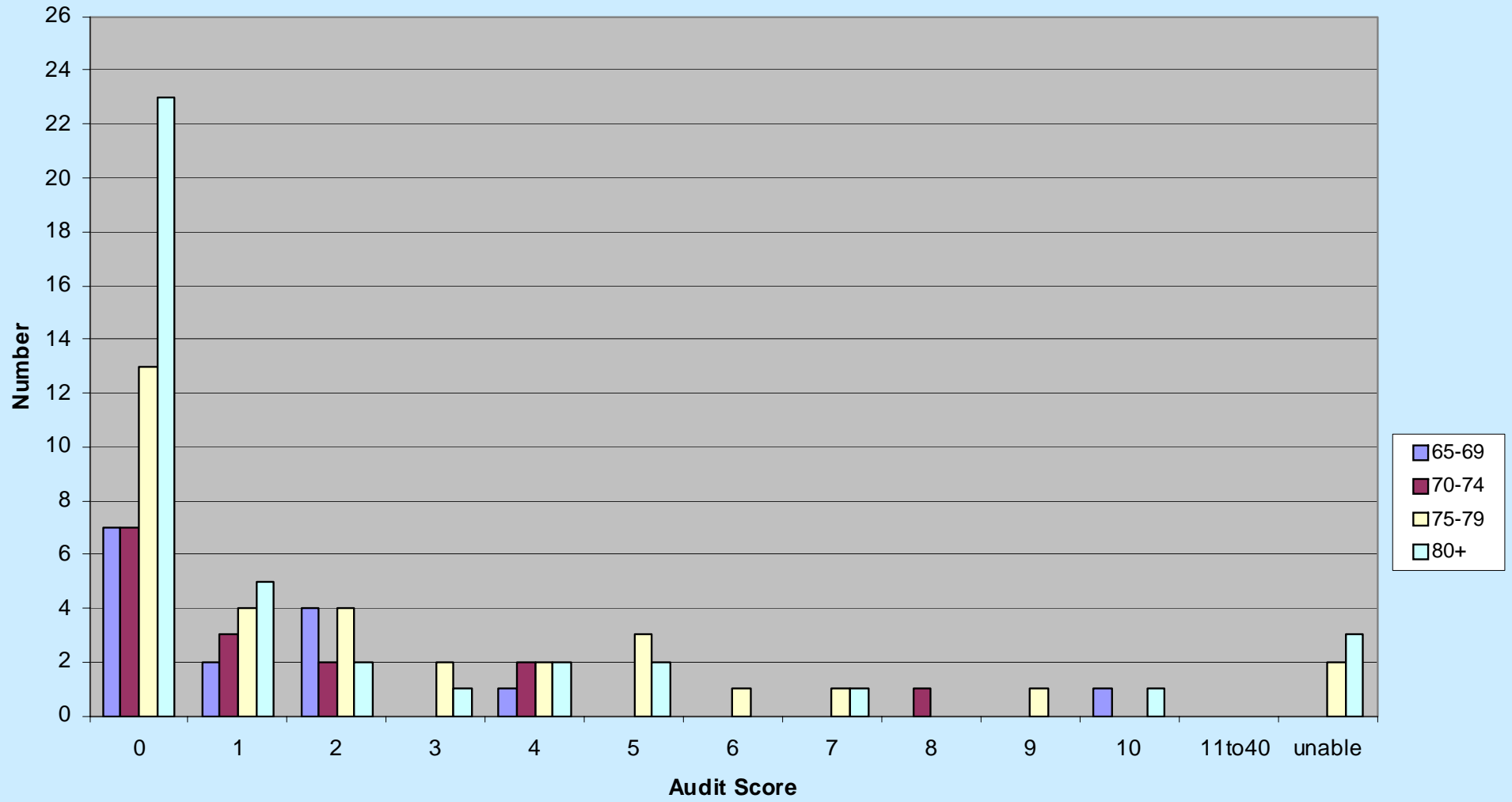
Female Audit Score N= 63



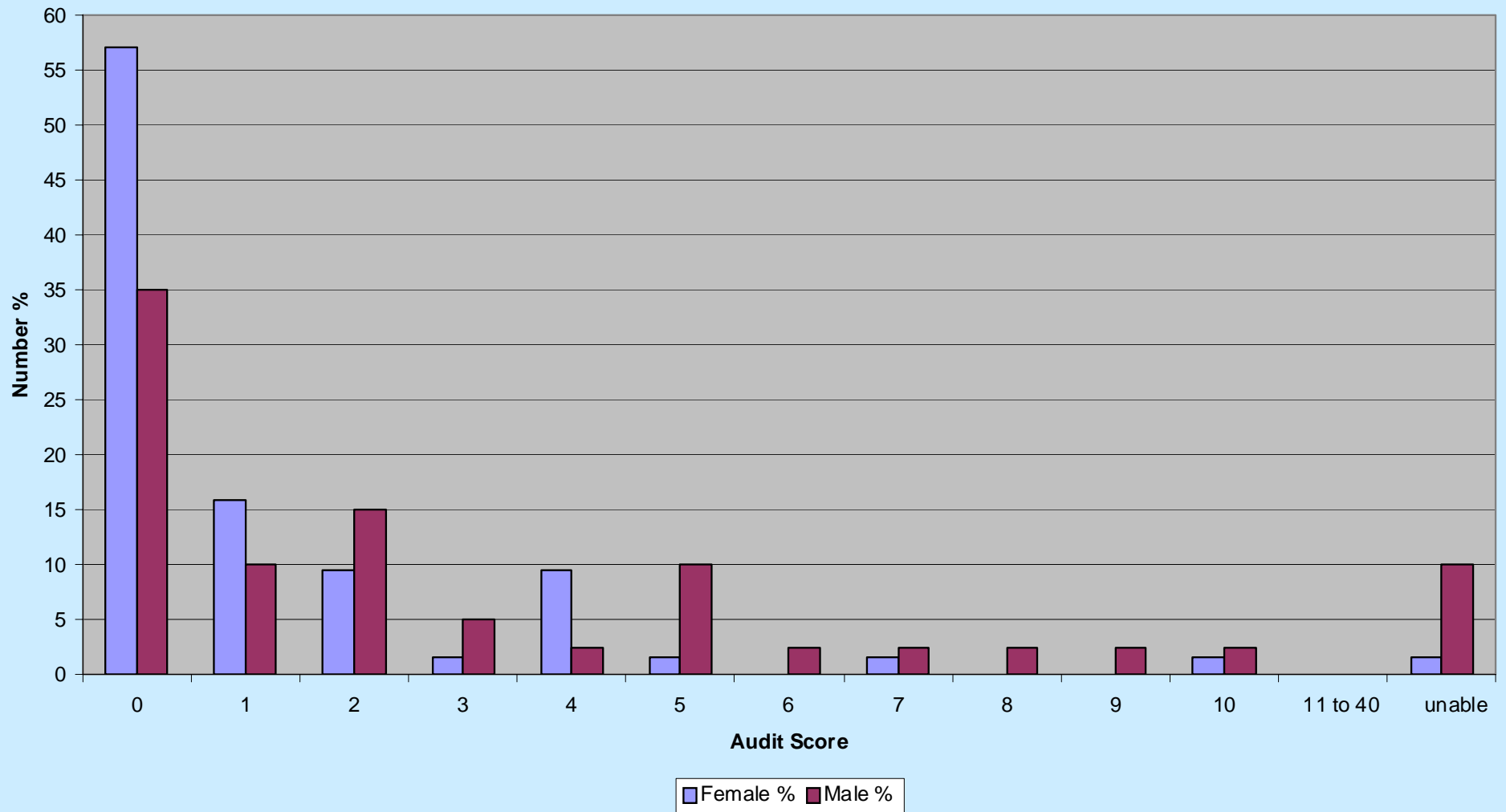
Male Audit Scores N=40



Audit Score by Age



Comparison Male Female Scores %
N=103



Issues for consideration

- Not a population survey – majority GP referred
- Self report ... Possible under reporting
- Assesses present alcohol use
- High percentage of persons over 75 years (70%)
- Can we expect different alcohol patterns from the 'younger' cohort (baby boomers)?

- The evidence on the Audit reflects our clinical expectation, based on our experience