

## Visiting Hours

(to be strictly adhered to)

**3pm-4pm**

**7pm-8pm**

Fathers, siblings and grandparents may visit during the day at the discretion of nursing staff.

Between 1pm and 3pm is mothers' rest time. During this period there will be NO VISITORS at all admitted to the ward.



## Nursery Visiting

There is no general visiting in the Nursery.

For premature/sick babies immediate family only is permitted. A parent must accompany siblings.

If you are booked for a caesarean section please present to the Midwifery Ward at 9.00am on the day of your caesarean.



PO Box 386, Wangaratta Vic 3676  
Green Street, Wangaratta Vic 3677  
Telephone: (03) 5722 0111  
Facsimile: (03) 5722 0109  
Internet: [www.nhw.hume.org.au](http://www.nhw.hume.org.au)  
Email: [enquiries@nhw.hume.org.au](mailto:enquiries@nhw.hume.org.au)

Northeast Health Wangaratta Incorporating:

- Wangaratta District Base Hospital
- WJ Smith Linen Service
- Illoura Residential Aged Care
- Mental Health Services
- Medical Imaging

06/08



# Midwifery Ward Information



**Midwifery Ward**  
(03) 5722 0225 or (03) 5722 0301

Northeast Health Wangaratta promotes the World Health Organisation philosophy that breastfeeding is the best method of infant feeding and are committed to the promotion and support of breastfeeding. Therefore we encourage babies to room in with mothers at all times during hospital stay (unless baby is admitted to Special Care Nursery).



### **Domino Midwife**

A Domino Midwife offers support to families following discharge by visiting mothers at home for postnatal assessment and to assist with any problems encountered in the transition to motherhood, for example, breastfeeding difficulties.



### **Lactation Consultant**

There is a clinic available 5 days per week to assist with breastfeeding problems following discharge. This is a free service, an appointment is required by phoning (03) 5722 0301 or (03) 5722 0225. Please bring your Medicare card with you.

For other support services offered by Northeast Health Wangaratta see the "Midwifery Services" brochure.



### **What to bring to hospital:**

#### **For mother:**

- ◇ Toiletries
- ◇ Pyjamas
- ◇ Casual clothes eg t-shirts and tracksuit pants (optional)
- ◇ Dressing gown
- ◇ Slippers
- ◇ 2 packets maternity pads
- ◇ Nursing bras
- ◇ Breast pads
- ◇ Tissues
- ◇ Pen
- ◇ Change for public phone

**PLEASE DO NOT BRING ANY  
VALUABLES OR LARGE SUMS OF  
MONEY INTO HOSPITAL**

#### **For baby:**

- ◇ Baby wipes- non scented
- ◇ Bath solution
- ◇ Clothes to wear when going home
- ◇ If bottle feeding please bring formula
- ◇ Disposable nappies (optional)

#### **Labour:**

You may choose to bring in some of the following:

- ◇ Heat packs
- ◇ CD music
- ◇ Massage oil
- ◇ Own gown or large t-shirt
- ◇ Own pillow
- ◇ Camera disposable only for labour ward & theatre (No video/ dvd recorders allowed)

If you have any special requests regarding your labour please discuss with the midwife during admission to hospital.