

The Domino Program

- ◆ The Domino Midwife provides a comprehensive booking-in session to help identify any current or potential risk factors requiring appropriate referral both before and after the birth.
- ◆ The Domino Midwife visits all women whilst still in hospital after the birth of the baby to plan and prepare for when they go home.
- ◆ The Domino Midwife or Local Midwife provides postnatal visits at home.
- ◆ All women having their first baby will be offered 2 home visits. Women having a Caesarean Birth will also receive 2 home visits. Women having their second or subsequent baby will receive 1 home visit. Extra visits can also be provided for all women as required.
- ◆ Coordination with and arranges referral to other services within the community such as:
 - Maternal and Child Health Nurses
 - Lactation Consultant
 - Provision of a Lactation Day Stay Clinic
 - Early parenting and debriefing
 - GPs
 - Physiotherapists
 - Social Workers
 - Enhance Home Visiting
 - Postnatal Depression Program
 - Post Acute Care

For further information please contact:

Community Midwife Program Team on (03) 5722 0256

or

Maternity Ward on (03) 5722 0225



PO Box 386, Wangaratta Vic 3676
Green Street, Wangaratta Vic 3677
Telephone: (03) 5722 0111
Facsimile: (03) 5722 0109
Internet: www.nhw.hume.org.au
Email: enquiries@nhw.hume.org.au

Northeast Health Wangaratta Incorporating:

- Wangaratta District Base Hospital
- WJ Smith Linen Service
- Wangaratta & District Nursing Home
- Psychiatric Services – Kerferd Inpatient Unit
- Medical Imaging



**EXCELLENCE IN
RURAL HEALTH**

Midwifery Service Models



Profile Northeast Health Wangaratta (NHW)

NHW has a comprehensive range of Midwifery Services to suit both the normal and complicated pregnancy and birth.

Antenatal care is provided both onsite and in local areas and can be provided in various care models as outlined in this leaflet.

Antenatal classes and tours are run regularly throughout the year and can be tailored to individual needs if required. Services run for 5 consecutive Tues/Thurs or weekend classes of 2 consecutive Sundays at the CMP house.

NHW offers an obstetric facility which opened in 2001. The facility includes 4 birth rooms, private and 2 bed ward accommodation and a neonatal nursery.

Post Natal services are comprehensive and include home visiting by a midwife

Community Midwife Program

The community Midwife Program is a service offered to all women planning to have a baby at NHW.

This program gives women the opportunity to have a midwife care for them throughout their pregnancy, labour and birth and in the postnatal period.

The midwives can provide care at flexible times in a variety of settings – at their rooms in Wangaratta, at their outreach centres in Myrtleford and Yarrawonga or in the woman's own home.

Any woman can apply to join the program. If her medical history is essentially uncomplicated primarily the midwives will care for her. If complications arise the midwives and the obstetricians work together.

Most women in the program are transferred back to their own home within thirty-six hours of the birth. The midwives then provide comprehensive postnatal care and coordinate support services such as lactation clinic, home help and nappy wash.

The Community Midwife Program has been designed to offer individualised care where the midwives work in partnership with women and their families to achieve a safe, satisfying and supported pregnancy, birth and postnatal period.

For women wishing to continue to see their GP antenatally and participate in the Community Midwife Program a flexible approach to care is facilitated with antenatal visits shared between the GP and the Community Midwife Program.

Shared Care

Shared care is a care provided by a General Practitioner and the Hospital.

The hospital team which includes obstetricians, resident hospital doctor, senior hospital doctor and midwives, working in partnership with the woman's General Practitioner to provide antenatal, labour, delivery and postnatal care.

With this model the General Practitioner will provide most of the antenatal care. The woman will visit the hospital antenatal clinic 3 times for a normal pregnancy. These visits will be scheduled at around 18, 28 and 36 weeks.

Labour and birth are managed by the hospital team. At NHW most normal births are delivered by midwives. Hospital doctors and obstetricians are readily available to attend births at the first sign of any complications and routinely attend all high risk births. NHW also has paediatricians and hospital doctors working in the Paediatric Unit, these doctors provide 24 hour cover should they be needed to provide care to newborn babies.

Initial postnatal care is provided within the postnatal ward where it is anticipated the woman will stay between 2 and 5 days depending on the type of birth and complications. Early discharge (24 hours) is available with a midwife visit. The 6 week check will be with the GP.