



Hume Region Early Psychosis Service

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Hume Region Early
Psychosis Service

What is Hume REPS?

Early Psychosis Service servicing the Hume Region for young people 16-25 who are experiencing an early psychosis.

- Established end of 2005. Clinical role started September 2006.



**HUME REGION EARLY
PSYCHOSIS SERVICE**



Supported by



GOULBURN VALLEY
HEALTH
SHOULD BE YOUR GOAL





Hume Region Early
Psychosis Service

Integrated Model between 3 AMHS

- 9 early psychosis clinicians working in Hume REPS
- 1 EFT team leader who covers the whole region
- .5 GVAMH . 5 Eastern Hume Psychiatrist



Approach:

- Use assertive outreach model to provide intensive case management
- Holistic Approach (Consumer approach, family sensitive)
- Utilize Australian Early Psychosis Clinical Guidelines
- Training from EPPIC
- All early psychosis clients are screened for concurrent drug related issues



50% community/50% clinical

Community Work

- ❖ Early psychosis awareness,
- ❖ Mental Health Promotion,
- ❖ Capacity building,
Community development
- ❖ G.P's
- ❖ Co-Location with
Community Health/Youth
Services

- ❖ **Intensive Case management**
(Assertive outreach,
extends into late recovery
phase)
- ❖ **Monitor and support
young people with
potential emerging
psychosis**
(Opportunities to work
in partnerships)



Rationale of Early Intervention

Benefits of early intervention

- Reduced severity of illness;
- More rapid recovery;
- Better prognosis;
- Preservation of psychosocial skills;
- Preservation of family and social supports;
- Reduced need for hospitalization.

(Edwards and McGorry, 2002)

Hard Journey



The lifestyle changes being expected of a young person experiencing early psychosis represents a major challenge.